

Headwreaths

Start with your base.

To create your base take a willow branch and bend it back and forth to make it pliable. Wrap it around your head, making it a little loose. You can intertwine the ends of the willow so they stay, or affix with some twine. Take a second same-sized branch, bend it to make it pliable, and twirl it around the first, again either weaving the ends together, or tying them together with twine. Put the two ends at opposite points for balance.

With the two branches you have a way to weave your decorations (flowers, grass, dried flowers) in between the spaces of the willow branch.

You may need to tie them with twine.

To gather your decorations take a slow walk in nature and only harvest a few things at a time from different areas so not to hurt Mother Earth. Don't harvest live wildflowers, but dried stalks and seed pods are okay (just shake the seeds out on the ground).

Pro Tips:

Add to your wreath a bit at a time throughout the week, so come the burning of the grump it is full and in it's glory.

You can use aspen branches instead of willow, it has fun shoots that make it look more wild.

Wind a thin piece of willow around finished wreath for added security.

Add ribbons, feathers, bone and beads to hang off your headwreath